

To Whom This May Concern,

I First, would like to thank the office of the correction ombudsman, the CAC, and all those who are in attendance for allowing me the opportunity to tell of my experiences being a prisoner in Connecticut's Department of Corrections, and to express some of my concerns that are not only effecting myself, and other prisoners who are currently in my position. But, also effecting the tax payers who are unaware, and in some cases misinformed about the reality of Connecticut's Department of Correction.

As for myself, I am currently in osborn CI serving a ten year sentence. During my time in the DOC my health has taken a turn for the worse, I am losing the ability to walk long distances, to stand long periods of time, headaches almost everyday, and other medical issues which has yet to be addressed by the medical department. This is even after writing numerous request to several branches of the DOC's departments.

There has been times where I have forced to sit for several hours in my own filth. Not being allowed to shower because I did not have the approval from the medical department to do so. I have also been threaten with punitive measures for expressing my disapproval of my treatment.

There is a wider cover-up of the system and policies in place by former and current DOC administration for fear of exposure, that the system has fail and has for some time now.

As of today there is no way to show or hold those responsible for the mistreatment of prisoners. With the latest systems and policies in place there is no way to prove to the outside public that what is happening is actually taking place. With all due respect, this is even with the Ombudsman doing audits of this said system.

Next I would like to mention the quality and types of products being offered on commissary. We are being sold foods that require to be properly cooked without the necessary means to do so. They are selling hotpots on commissary that get luke-warm at the most, and when the prison population expresses their concerns it is over looked. There are many other problems with commissary that need to be address. Such as Cheap products being sold for 3x its worth and the lack of healthy and religious options.

Also, the lack of education and programs conducive to a prisoners individual needs. Which in turn handicaps that person's ability to ever really reform in any meaningful way. Looking at the prisoner as a person with the potential to change rather than just a number, and a Pay Check needing to be locked away is the

difference between real reform and re-offending. Because the fact of the matter is that the majority of the prison population will be released back into each and everyone of those who are present here today communities at some point in time. That is inevitable. You honorable people have the opportunity on how many of us will return to those communities.

In closing I would like to thank you for the opportunity to express some of my problems and concerns. I pray that God will give everyone involved the wisdom and insight to do what has to be done for all of Connecticut's population.

Truly
Larry Gadlin #235154


